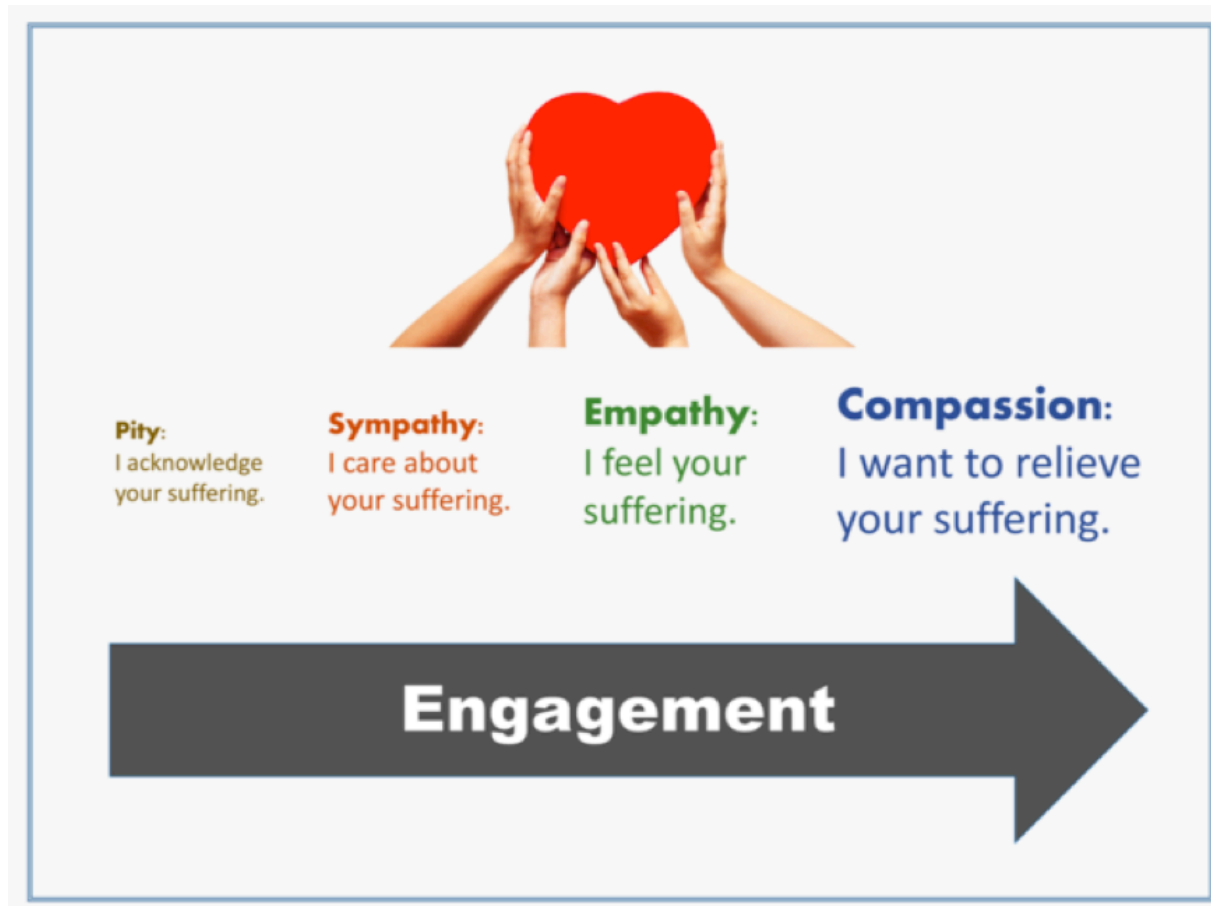




# ROSS INITIATIVE IN SPORTS FOR EQUALITY

## PARTICIPANT HANDOUT

### Engagement Spectrum



Source: Psychology Today